Player and Sport Physiotherapist
Treatment Guidance

Free healthcare is available to all players participating on the World Tennis Tour. The aim of this guidance is to manage expectations of players and physios in providing fair and efficient treatment. The physio will endeavour to assess, treat and support all participating players. Treatment provided is based on the physio's clinical judgement, experience and professional discretion.

Priority Order for Sport Physiotherapy

1. Court calls (on-court assistance)
    - If a court call occurs, the physio will stop their current treatment and attend the court call.
    - The interrupted treated player keeps their place and will be seen next on return (physio discretion may be applied based on needs of the physio room).
2. Players preparing for matches today.
3. Players still in the tournament – preparing for practice today.
4. Players who have finished playing today (win or lose).
5. Players still in the tournament – not playing or practicing today.
    - Please use off-peak times where possible.

Access & Waiting

- Treatment is based on the priority list above.
- The physio may adjust prioritisation for acute injuries or medical concerns.
- Should a player need to see the physio before their match, they should attend the physio room a minimum of 30 minutes prior to the expected match start time taking note of the priority list above.
- Players may need to wait; thank you for your patience.

Treatment Length

- Guideline: up to 20 minutes.
- If the physio room is quiet, additional time may be offered at the physio's discretion.

Treatments

- The focus of the physio is to provide treatment to enable players to compete safely and perform at their best.
- Players should communicate their issue clearly at the start of the treatment session and tell the physio their match or practice timing.
- Massage treatment will not be provided by the Physio unless soft tissue work is required as part of a physio treatment. The physio will determine the treatment required.
- Minor taping may be provided free of charge by the physio. Players with an ongoing injury should carry their own supply of tape.
- Physios will not provide any medication to players.
- The physio will need breaks during the day and will try to minimise impact on players.